

## Instruction for Use

### 1.Product Name

Heat Patches(Steam eye mask)

### 2.Specification/Main contents

H080185B0.5; H070193B0.5; H245404B0.5

Iron powder, activated carbon, sodium chloride, vermiculite, water-absorbing resin, water

### 3.Use Method

1. Remove mask from outer package.
  2. Tear open ear straps along the perforated dotted line.
  3. Close your eyes & place mask over your eyes. (The white,unprinted side goes against skin.)
  4. Secure straps around your ears to hold the mask in place.
- Relax and wear the mask for 10–20 minutes.

### 4.Temperature Performance

<b>Maximum temperature</b>	Low temperature heat patch: The maximum temperature measured from the beginning to the end of heating.	≤ 43°C
<b>Temperature rise time</b>	The time required from product activated to temperature rise to therapeutic time.	≤ 5min
<b>Temperature guarantee time</b>	The total amount of time that the heating temperature is maintained above37°C (≤ 43°C)	0.5h

### 5.Intended Purpose

Provide gentle warming to the periocular area for the purpose of supporting user comfort and helping to relieve sensations of eye fatigue and discomfort associated with dryness or extended visual tasks.  
Support the maintenance of normal meibomian gland function through localized warming.  
Suitable for local heat therapy in medical institutions or at home.Refer to the warning instructions for restrictions.

### 6.Intended Patient Population

General adult population.

### 7.Intended user

Steam eye mask shall only be used by adults who can read and understand the instruction manual.

### **8.Indications**

- Help relieve eye fatigue,
- Help alleviate discomfort associated with dryness or extended visual tasks,
- Support the maintenance of meibomian gland function through localized warming,
- Help relieve periocular tension and promote a sense of relaxation,
- Provide a gentle warming and soothing experience around the eyes.

### **9.Contraindications**

- Have known eye infections (e.g., conjunctivitis), acute inflammation, or open wounds around the eyes,
- Severe dry eye requiring medical supervision,
- Skin sensation or impaired temperature perception,
- Allergic to any materials in the device,
- Doctor has advised against the use of warm compresses.

### **10.Undesirable Side-effects**

- Mild redness,
- Temporary irritation,
- Excessive warmth sensation,
- If symptoms persist, discontinue use and seek medical advice.

### **11.Intended clinical benefits**

- Relief of Eye Fatigue
- Reduction of Discomfort Caused by Dryness and Overuse
- Support for Meibomian Gland Function
- Relief of Periocular Tension and Improved Local Micro-circulation
- Relaxing and Soothing Eye-area Experience

### **12. Warnings and Cautions**

- Single use only; do not reuse.
- Do not use if the pouch is damaged, leaking, swollen, or already warm before opening.
- Do not heat the mask by microwave or any external heating device.
- If the temperature feels too hot or causes discomfort, remove the mask immediately.
- Keep away from children; small parts may cause choking hazards.
- Do not use while wearing contact lenses.
- Do not use during sleeping or unattended.
- If irritation, redness, or prolonged discomfort occurs, discontinue use and consult a healthcare professional.
- If inside contents of the mask contact eyes, mouth, skin or clothing, immediately flush with clean running water.
- Don't apply over open wounds. if any redness or irritation occurs, stop use & consult a physician.

- Keep out of reach of children & pets.

**13.Disposal:**

Dispose of contents/container in accordance with local/regional/national/international regulations.

**14.Storage/Transportation conditions:**

Store at room temperature in a dry place. Avoid direct sunlight..

**15.Shelf time:**

3 years

**16.Importer**



Name

Address [Note: the specific importer information will be printed in the printed version of IFU]

**17.Manufacturer**



JIANGSU INTCO MEDICAL PRODUCTS CO., LTD.

No. 298 Yandunshan Road, Zhenjiang New District, 212132 Jiangsu P.R. China

**18.EU Authorized Representative**



MedNet EC-REP C Iib GmbH

Address: Borkstrasse 10, 48163 Muenster, Germany

**19.Effective Date:**

2025-11-21

**20.Revision:**

A/1

**21.Contact information**

- JIANGSU INTCO MEDICAL PRODUCTS CO., LTD.
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For a patient/user/third party in the European Union and in countries with identical regulatory regime (Regulation 2017/745/EU on Medical Devices); if, during the use of this device or as a result of its use, a serious incident has occurred, please report it to the manufacturer and/or its authorized representative and to your national authority.

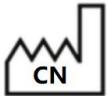
The contacts of national competent authorities (Vigilance Contact Points) and further information can be found on the following European Commission website: [https://ec.europa.eu/growth/sectors/medical-devices/contacts\\_en](https://ec.europa.eu/growth/sectors/medical-devices/contacts_en).

22.



<https://www.intcomedical.com/download.html>  
Website: [www.intcomedical.com](http://www.intcomedical.com)

**23.Symbol**

No.	Symbol	Meaning
1		<b>Date of Manufacture Country of Manufacture</b>
2		<b>Use-by date</b>
3		<b>Manufacturer</b>
4		<b>EU authorized representative</b>
5		<b>Batch Code</b>
6		<b>CE Marking, and Notified Body Code</b>
7		<b>Caution</b>
8		<b>Do not reuse</b>
9		<b>Do not use if package is damaged</b>
10		<b>Catalogue number</b>
11		<b>Medical device</b>
12		<b>Importer</b>

No.	Symbol	Meaning
13		Unique device identifier
14		Model number
15		Keep away from sunlight
16		Keep dry
17		Consult electronic instructions for use